

If you have any questions, contact Katie Fritz at fritzfhcoach@gmail.com or 201-784-1600 ext. 24230 c/o Tom Kaechele

DATES: Mon. June 25-Thurs. June 28
Raindate: Friday June 29

TIME: 10:00 AM to 1:00 PM

WHO MAY ATTEND: All players entering grades 4 through 9. First time, as well as experienced players are all welcome to attend.

LOCATION: Northern Valley Regional High School at Old Tappan Turf Field

STAFF: Katie Fritz (Head Coach - NVOT)
Former high school player/coach

WHAT TO BRING: shin guards, cleats, sneakers, water bottle, mouth guard, goggles, field hockey stick (sticks will be provided if you do not own one)

COST: \$125.00 (includes a T-shirt)

FOCUS: We will focus on the fundamentals of passing and stopping. Offensive and defensive situations and strategies will be discussed. Fundamentals of field hockey will be taught.



PLEASE DETACH AND RETURN REGISTRATION FORM BELOW

CAMPER'S NAME: _____ T-SHIRT SIZE: XS S M L XL
(adult)

PHONE NUMBER _____ GRADE _____ AGE _____

ADDRESS: _____ TOWN: _____

EMAIL: _____

Please make checks payable to:
Golden Knights Field Hockey Camp and return by **June 1st** to:
Northern Valley Regional High School at Old Tappan
c/o Katie Fritz- Field Hockey Coach
Central Avenue
Old Tappan, New Jersey 07675

A camp waiver will be emailed to you upon receipt of registration. This form is to be filled out and returned before your child can participate in field hockey camp.

GOLDEN KNIGHTS FIELD HOCKEY CAMP

Athletic Office

C/O Katie Fritz

Central Avenue

Old Tappan, NJ 07675

**Golden Knights
Field Hockey Camp**



Pre-Season Training

June 2018